

# **Aging With Dignity**

Enriching the Quality of Life for Seniors by Removing Barriers to their Health and Well-being













## Senior Services Network



### Senior Services Network

Our Board and Management is excited to announce a significant development in our organizational identity and mission. As part of our strategic planning for the years 2024 to 2027, Social Services Network has officially adopted a new operating name: **Senior Services Network (SSN)**. In consultation with our stakeholders, this change reflects our unwavering commitment to better serve the aging community. With this rebranding, we are positioning ourselves as an agency dedicated to enhancing the lives of the aging community through a comprehensive range of programs, services, collaborative partnerships, and advocacy initiatives. Our goal is to address the unique and evolving needs of the diverse senior demographic and create a positive impact on their well-being.

We look forward to continuing our mission under this new operating name and further strengthening our role in supporting the senior community we are privileged to serve.





### Land Acknowledgement

We acknowledge with humility and respect that the community work of Seniors Services Network is situated on the ancestral territory of the Anishinaabe, Mississauga, Haudenosaunee and Wendat peoples.

As uninvited settler-guests, we are grateful every day for the opportunity to live and work in the region. In full understanding of harm to Indigenous lands and communities, we strive each day to continue to learn about and appropriately meet our responsibilities to the lands and its peoples.

As it relates to our work with the aging community, we must consider both indigenous and diverse settler perspectives to fully realize the impacts we aspire to achieve both as individuals and as an organization.

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### **About Seniors Services Network**

Seniors Services Network (SSN) is registered, charitable organization that enables Seniors to lead an enriched quality of life by focusing on their physical, social, and emotional well-being with a vision to empower Seniors to age with dignity.

SSN serves diverse aging community members who face barriers to their health and well-being through delivering multimodal services, active community engagement, and connecting Seniors to the right support networks.

SSN offers well-being programs that aim to increase physical, social, and mental health, mobilizes knowledge to help Seniors take a preventative approach to their health and wellness, and leads evidence-based advocacy efforts to influence health system partners on equity, funding, and programmatic needs for Seniors.

## **Theory of Change**

### Mission

Enabling Seniors to lead an enriched quality of life by focusing on their physical, social, and emotional well-being

Who

Diverse aging community members who face barriers to their health and well-being 0

Empowering Seniors to age with dignity

### How

Delivering Multi-modal Services | Active Community Engagement | Directing to Support Networks

### What

Well-being Programs | Knowledge Mobilization | Evidence-based Advocacy

### Where



York Region & City of Toronto

### Letter from the Board of Directors and CEO

**Empowering Seniors to age with dignity** is a vision that states that all Seniors, now and in the future, are able to age while remaining healthy, independent, active, and engaged members of the community. It is important for us to remember that all of us will be defined as being part of the aging community or Seniors sooner than we would like to think.

With this vision in mind, we as an organization needed to reflect on how we can effectively deliver against the rising health and wellness needs of our aging community members. At Seniors Services Network (SSN), we needed to challenge ourselves to think and act differently, not be satisfied with status quo, and identify innovative ways to strengthen our programs and services that we provide directly to the community and in partnership with our community partners.

Strategic planning is an opportunity to take a collaborative process in defining how we might be able to achieve success over the next 3 years to move our Theory of Change forward. In arriving at our 2024-2027 strategic plan, we have further enhanced our Vision, Mission, Values, and other key elements of the Theory of Change to ensure clarity in strategic direction and impact. We want to ensure that we remain focused on serving the needs of the aging community and look to the future with optimism and a growth mindset.

Understanding the needs of our Seniors, advocating for those needs, and providing an evidence-based integrated approach to our programs and services are key aspects to being truly community centric. We are aware that we can't address the needs of the aging community by ourselves, and this is why SSN will continue to seek collective impact approaches through strengthening its community networks and partnerships so that we can help our clients receive the right care at the right time.

At Senior Services Network, we strongly believe that organizations servicing the aging community members need to actively seek integration and develop care pathways that offer joint services and programs that removes barriers to access and increases the care experience of our Seniors. With this mind, SSN will actively seek to support and enable strategies and innovation that aim to make system navigation easier for our aging community.

Our strategic priorities for the next three years are rooted in our commitment to servicing diverse aging community members who face barriers to their health and well-being. Our strategic goals, objectives, and outcomes, outlined in the plan, provide us the direction that will allow SSN to be a leader in delivering equitybased programs and services that increase physical, social, and mental well-being of our Seniors.

We invite our community members and partners to join us in our journey to help enable Seniors to lead an enriched quality of life by focusing on their physical, social, and emotional well-being. We look forward to working with you as we implement this strategic plan; because ultimately it is about helping all of us to age in place, to age with dignity!

#### Regards,

Adil Mawani, Board Chair Samara Doobay, Board Vice-Chair Alykhan Suleman, Chief Executive Officer



### Integrity

We ensure accountability through due diligence and transparency



#### Respect

We provide a safe, positive, and nurturing environment for clients, staff, and volunteers



#### Innovation

We will create and anticipate change while turning ideas into creative solutions



#### **Excellence**

We strive to consistently exceed our quality standards and client's expectations



#### Compassion

We are committed to serving with empathy and care

## **Our Values**



#### Meet the Diverse Needs of Seniors Through Evolving Program Offerings

SSN has been successful in delivering equitable programs and services to underserved aging community members within its services areas. With the impact of pandemic highlighting significant service gaps Seniors and the need for SSN to expand its services, SSN will undertake a needs assessment that provides updated demographic, social determinants of health, and other needs and barriers faced by Seniors in accessing care.

With the evidence received through the needs assessment, SSN will enhance or create new programs and service offerings for the diverse aging community members that it aims to serve. These programs and services will be offered directly by SSN or its community partners. This integrated approach will result in better health outcomes.



Maximize the positive impact to Seniors By Modernizing and Enhancing Our Approach Towards Quality Assurance



Enhancing Care and Experience is critical to ensuring that each community member receives the highest standard of care and experiencing through SSN's programs and services. SSN will continue to evaluate which programs and services are driving the most impact and explore opportunities to scale them. Having the right quality measures and standards ensure that SSN is achieving both quantifiable and qualitative outcomes that truly improve the physical, social, and mental well-being.

This speaks to the need of developing enhanced quality standards and performance measures that clearly outline impact made at a collective and individual levels for each Senior being served through SSN.



Increase Community Engagement By Enhancing SSN Brand Awareness and Positioning Within Toronto & York Region



SSN's brand awareness and positioning refers to more than its name and logo. This awareness and positioning signal our identity and value proposition to the community we serve. This includes our programs and services, our willingness to engage with community members and partners, and a clear understanding of how and what SSN aims to deliver.

This brand awareness and positioning enables SSN partner to engage SSN in current and future collective impact initiatives. In addition to promoting SSN's new name and branding elements,

SSN will aim to ensure it is seen as an organization that delivers well-being programs and services, mobilizes knowledge to help Seniors take a preventative approach to their health and wellness, and leads evidence-based advocacy efforts to influence health system partners on equity, funding, and programmatic needs for Seniors.



#### Influence Systematic Change Through Evidence-Based Advocacy For All Seniors



The aging community or Seniors population is expected to significantly increase over the years ahead. The aging community is at a risk to be underserved and underfunded and this needs immediate attention from a policy and funding lens.

SSN is grateful to its funders and supporters that enable SSN to provide its current programs and services and we understand the need to maximize impact and outcomes through effective and integrated services. This is why we have designed this strategic plan to actively seek such opportunities, however, collective action is needed to truly address the increased demands and needs of the aging community.

This is why SSN will use its role within the system to signal the need for more funding and influence policy reform through evidence-based advocacy efforts.



Empower Seniors To Confidently Navigate Social Systems By Cultivating Support Networks



Finding appropriate care for options for the aging community can be a challenging and time-consuming process that can be overwhelming. If we were to add in barriers related to transportation, language, race, etc., these challenges become daunting and risk Seniors not being able to get the right care at the right time.

Additional complexities such as knowing where to start, who to trust, which options are the right options, or simply having access multiple services through multiple providers can be a scary, lonely, and/or costly experience for our aging community members.

SSN will continue to help make its programs and services easier to access and it will actively seek new care pathways or integrated care services to make care accessible and equitable. Additionally, SSSN will actively seek innovative approaches to bridge the gap between Seniors and the services they need.



### How can you help?



#### There are 3 ways one can help:



#### Donate

Scan QR code to direct traffic to the donate option on SSN website



#### Volunteer

Scan QR code to a section on our website to complete a volunteer engagement form



### Spread the word

Scan QR code to our website for information on programs and services



# A word of thanks to our valued stakeholder community

SSN would like to thank our community members, partners, Board members, staff, and stakeholders for their respective contributions in helping us develop our 2024-2027 strategic plan. This plan would not have been possible without our collective commitment to help Seniors age with dignity! SSN has always been about the community members we serve with a strong focus on priority population. Your active engagement in our strategic planning process has ensured that your voices, ideas, and recommendations have guided this process.

Thank you for continuing to help us enable Seniors to lead an enriched quality of life by focusing on their physical, social, and emotional well-being!

